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A TU PER TU CON RAFFAELE MORELLI. «COSA DICO ALLE PERSONE PER AIUTARLE A STARE BENE»



Ist. Riza, 2012. Book Condition: new. Milano, 2012; br., pp. 176, cm 14,5x21. Ci sono due idee profondamente radicate nella testa di molti di noi: riuscire a stare bene è quasi impossibile e, in ogni caso, nella migliore delle ipotesi, richiede un lungo e faticoso percorso. E se invece fossero sufficienti appena un paio di mosse per vivere bene? "Bastano poche cose per cambiare la vita" assicura Raffaele Morelli. "Per prima cosa devi percepire che sei qua e che non..."

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- Authored by Mosca, Davide
- Released at 2012



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