



Adult Coloring Book New Abstract Designs: Stress Relief, Meditation or for Fun with Over 40 Pages to Color (Paperback)

By Coloring Books 4 You

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.Lose yourself in this Adult Coloring Book with new abstract designs to suit all patience levels. Great for stress, meditation or simply for fun, you will spend hours coloring these pages whilst getting creative with your colors and watching your art come to life. It is art therapy. The book is nicely designed and is a good size coloring book measuring 8.5 x 11 so there s plenty of space to color in each design. The paper is very good quality and the there are easy patterns, medium intensity patterns and a few slightly more challenging patterns so you can choose what you fancy dependent on your mood (or stress levels). This is a great little coloring book for grownups who still love to doodle. Try it for yourself and watch your worries dissolve as you escape into the pages of this adult coloring book - great abstract designs, simple to look at yet stunning when completed. Order your copy today.



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Reviews

It is an awesome publication which i actually have ever read through. it had been writtern really properly and valuable. I found out this book from my i and dad recommended this pdf to discover.

-- **Doyle Schmeler**

This book is definitely not simple to begin on studying but quite fun to see. I actually have read and that i am sure that i will gonna read through yet again once again in the foreseeable future. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Brennan Koelpin**