

The Little Book of Big Ideas to Enjoy Life & Be Happy

By Alex A Lluch

WS Publishing. Paperback / softback. Book Condition: new. BRAND NEW, The Little Book of Big Ideas to Enjoy Life & Be Happy, Alex A Lluch, Everyone agrees that they have a right to be happy. But most people fail to find happiness in their life. This is very unfortunate, as anybody could achieve true happiness by making just a few simple changes in their perspective and lifestyle. This is what this book is all about. The Little Book of Big Ideas to Enjoy Life and Be Happy provides practical tips that readers can apply immediately to start them on the road to true happiness. In a direct, easy-to-read style, this book gives readers the basics on topics such as accepting themselves, faith and values, enhancing health, overcoming fears, and building self-esteem. No matter their age, faith, or marital status, readers will find ideas that they can apply immediately to feel happier. The wisdom contained in The Little Book of Big Ideas to Enjoy Life and Be Happy will benefit readers no matter what situations they are facing or what issues they are dealing with. In addition to the 200 powerful principles for increasing happiness and their supporting text, this book...





Reviews

Merely no words to spell out. It is amongst the most awesome publication i have read. Your life span will likely be transform as soon as you full reading this book.

-- Marvin Okuneva

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